

# Leadership and Education in Adolescent Health (LEAH): Interdisciplinary Collaboration Works!

Saturday,  
Nov. 17, 2018

Leonard and Madlyn  
Abramson Pediatric  
Research Center

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## PROGRAM OVERVIEW

This conference is intended for local and regional primary care physicians, psychologists, physician assistants, nurses, nurse practitioners, social workers, dietitians, and other healthcare providers specializing in family medicine, internal medicine, gynecology, pediatrics and psychiatry. The program's aim is to increase the overall knowledge, understanding and competencies of multidisciplinary providers in areas of importance in the healthcare of adolescents. The learning format will be didactic lectures with question-and-answer sessions, small group breakout sessions and a poster session.

## GENERAL INFORMATION

The conference will be held in the Abramson Center at Children's Hospital of Philadelphia. The registration fee is \$75 and includes continental breakfast, breaks, lunch, parking and syllabus material. Registration fee for students, interns, residents and fellows is \$40.

## COURSE OBJECTIVES

- Discuss the importance of multidisciplinary collaboration in providing optimal care for adolescents
- Identify several key issues that impact adolescent health
- Learn strategies to communicate effectively with adolescents in special populations

## ACCME ACCREDITATION STATEMENT

Children's Hospital of Philadelphia is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

## AMA CREDIT DESIGNATION STATEMENT

Children's Hospital of Philadelphia designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## DIETITIAN ACCREDITATION STATEMENT

This activity has been submitted to the Commission on Dietetic Registration continuing professional education units (CPEUs) for registered dietitians.

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## **SOCIAL WORK ACCREDITATION STATEMENT**

Children's Hospital of Philadelphia is a pre-approved provider of continuing education credits for Pennsylvania Licensed Social Workers, Marriage and Family Therapists, and Professional Counselors. Participants licensed in Pennsylvania who attend the full workshop and complete the required evaluation are eligible for 6.0 Continuing Education Credits. Participants licensed in other states should check with local licensing boards to determine continuing education approval.

## **PSYCHOLOGY ACCREDITATION STATEMENT**



Children's Hospital of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. Children's Hospital of Philadelphia maintains responsibility for this program and its content.

## **CONTINUING NURSING EDUCATION APPROVED PROVIDER STATEMENT**

Children's Hospital of Philadelphia is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## **HOTEL ACCOMMODATIONS**

A block of rooms has been reserved at reduced rates at The Sheraton University City, located just a few blocks from Children's Hospital. The group overnight rate is \$172 single and double occupancy plus a 16.25 percent room tax. Participants are required to make their own hotel reservations by calling the Sheraton directly at 215-387-8000. Please mention the name of the conference when making your reservation. The special room rate will be available until Wednesday, Oct. 17, 2018. After that date, reservations will be accepted on a space and rate availability basis.

## **SERVICES FOR PEOPLE WITH DISABILITIES**

If special arrangements are required for an individual with a disability to attend this meeting, please contact the Continuing Medical Education Department at 215-590-5263.

## **CANCELLATION AND REFUND POLICY**

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children's Hospital of Philadelphia will refund any registration fees, less a \$40 service charge, but is not responsible for any related costs, charges or expenses to participants, including cancellation charges assessed by airlines or travel agencies. In order to process refunds for course withdrawals, cancellation must be received in writing by Friday, Nov. 2, 2018. No refunds will be issued thereafter.

## PROGRAM | SATURDAY, NOV. 17, 2018

- 8:15 a.m.    **Registration and Continental Breakfast**
- 8:45 a.m.    **Welcome and Honoring Multidisciplinary Teamwork to Improve Adolescent Health**  
*Carol Ford, MD*
- 9 a.m.        **Human Trafficking: Hiding in Plain Sight**  
*Rhonda Hendrickson*
- 10 a.m.      **Transition: Preparing Adolescents for Independence**  
*Symme Trachtenberg, MSW; Adam Greenberg, MSN, CRNP; Natalie Stollon, MSW, MPH; Katie Wu, BA*
- 10:45 a.m.   **Break**
- 11 a.m.      **Reproductive Healthcare and Sexuality in Adolescents with Developmental Disabilities**  
*Rollyn Ornstein, MD*
- 11:45 a.m.   **Lunch**
- 12:15 p.m.   **Poster Sessions**
- 1 p.m.        **Breakout Sessions**
- A. Caring for Transgender and Non-binary Youth: What All Providers Should Know**  
*Jamie Mehringer, MD; Katelyn Regan, LSW, MEd*
- B. Eating Disorder Prevention in a Weight-biased World**  
*Rebecka Peebles, MD; Rachel Millner, PsyD, CEDS-S; Kerri Heckert, MS, RD, LDN*
- 2 p.m.        **Breakout Sessions**
- A. Up in Smoke (or Vapes or Edibles): Where We Are Now with Policies on Marijuana and Their Impact on Teens**  
*Jennifer Chuang, MD, MS*
- B. What's Bugging You?: A Review of Common STIs in Adolescents**  
*Michele Zucker, MD, MPH; Kenisha Campbell, MD, MPH*
- C. Rewards and Challenges of Working as Multidisciplinary Teams**  
*Leela Jackson, PsyD; Sagine Simon, MBA, MSN, RN, NEA-BC; Brittany N. Waiters, LSW; Brianna Higgins, MS, RD, LDN; Eleni Lantzouni, MD*

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**PROGRAM | SATURDAY, NOV. 17, 2018** continued

- 3 p.m.      **Break**
- 3:15 p.m.   **Wellness: The Importance of Self-care for Patients and Providers**  
*Oana Tomescu, MD*
- 4 p.m.      **Closing Remarks**  
*Kenisha Campbell, MD, MPH*
- 4:15 p.m.   **Adjourn**

**REGISTER ONLINE: [CHOP.CLOUD-CME.COM](https://chop.cloud-cme.com)**

*Unless otherwise noted, faculty is from Children's Hospital of Philadelphia and the Perelman School of Medicine at the University of Pennsylvania.*

## **COURSE DIRECTORS**

### **Carol Ford, MD**

*Chief, Craig-Dalsimer Division of Adolescent Medicine*

*Orton Jackson Endowed Chair in Adolescent Medicine*

*Professor of Pediatrics*

*Past-President, Society for Adolescent Health and Medicine (SAHM)*

*PI, CHOP Leadership Education in Adolescent and Young Adult (LEAH) Program*

### **Kenisha Campbell, MD, MPH**

*Craig Dalsimer Division of Adolescent Medicine*

*Director, Adolescent Medicine Outpatient Clinical Services*

*LEAH Director of Community Outreach/ Collaboration Program*

*Assistant Professor of Clinical Pediatrics*

## **COURSE FACULTY**

### **Jennifer Chuang, MD, MS**

*Assistant Professor of Clinical Pediatrics, Craig Dalsimer Division of Adolescent Medicine*

*Director, Adolescent Medicine Inpatient Services*

### **Adam Greenberg, MSN, CRNP**

*Co-Director, Transition To Adult Care Service (MINT)*

### **Brianna Higgins, MS, RD, LDN**

*Dietitian, Adolescent Inpatient Unit*

### **Kerri Heckert, MS, RD, LDN**

*Clinical Dietitian, Eating Disorder Assessment and Treatment Program*

### **Leela Jackson, PsyD**

*Clinical Psychologist*

*Assistant Professor of Psychiatry*

### **Eleni Lantzouni, MD**

*Medical Director of Clinical Care, Eating Disorders Treatment Program*

*Associate Professor of Clinical Pediatrics*

### **Nellie Lazar, CRNP-BC**

*Nurse Practitioner, Adolescent Initiative Program*

*Craig Dalsimer Division of Adolescent Medicine*

### **Jamie Mehringer, MD**

*Fellow Physician, Craig Dalsimer Division of Adolescent Medicine*

### **Rachel Millner, PsyD, CEDS-S**

*Psychologist, Department of Child and Adolescent Psychiatry and Behavioral Sciences*

### **Allison Tate Moomaw, MSN, RN**

*Nursing Professional Development Specialist*

### **Rollyn Ornstein, MD**

*Professor of Pediatrics*

*Division of Adolescent Medicine and Eating Disorders*

*Penn State Hershey Children's Hospital Adjunct Professor of Pediatrics*

*Associated Faculty*

### **Rebecka Peebles, MD**

*Assistant Professor of Pediatrics, Craig Dalsimer Division of Adolescent Medicine*

*Director of Research and Quality Innovations*

### **Katelyn Regan, LSW, MEd**

*Clinical Social Worker, Gender and Sexuality Development Clinic*

*Department of Patient and Family Services*

### **Sagine Simon, MBA, MSN, RN, NEA-BC**

*Nurse Manager, Adolescent and Medical Behavioral Unit*

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**Symme Trachtenberg, MSW**  
*Director, Community Education, Division  
of Developmental and Behavioral  
Pediatrics*  
*LEAH and LEND Social Work Faculty*  
*Clinical Associate in Pediatrics*

**Natalie Stollon, MSW, MPH**  
*Transition to Adult Care Service (MINT)*  
*CHOP Career Path/Career Path for  
Foster Youth*

**Brittany N. Waiters, LSW**  
*Social Worker, Adolescent Inpatient Unit*

**Katie Wu, BA**  
*Community Health Worker, Transition to  
Adult Care Service (MINT)*  
*Clinical Research Assistant, PolicyLab*

**Oana Tomescu, MD, PhD**  
*Craig Dalsimer Division of Adolescent  
Medicine*  
*Associate Program Director, Internal  
Medicine and Pediatrics Residency  
Program*  
*Hospital of the University of Pennsylvania*  
*Associate Professor of Clinical Medicine*

**Michele Zucker, MD, MPH**  
*Craig Dalsimer Division of Adolescent  
Medicine*  
*Medical Director, Adolescent Care Center*  
*Division EPIC champion*  
*Assistant Professor of Pediatrics*

## **GUEST FACULTY AND KEYNOTE SPEAKER**

**Rhonda Hendrickson**  
*Director, YWCA Greater Harrisburg  
Harrisburg, Pa.*

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